



Annapolis (443) 808-1003 | interim.com/annapolis

Recovery at Home & Respite Care for Seniors & Families

Safe recovery at home after a hospital discharge starts with the right care and preparation.

At Interim HealthCare of Annapolis, we help families and individuals through post-surgery healing and family caregiver relief.

Hospital-to-Home Evaluation

Answer these questions to see if you or your family are fully prepared for recovery at home.

Who will be available during the first critical days at home to help with meals, bathing, or mobility?

Recovery often requires round-the-clock support that families may struggle to provide fully.

What steps have you taken to make the home safer after a hospital discharge?

Most readmissions after discharge are caused by preventable falls and safety risks.

How will medications and follow-up appointments be managed and tracked each day?

Missed medications or skipped visits can cause setbacks in recovery.

If the primary caregiver becomes unavailable, what backup plan is in place to ensure care continues without interruption?

Even short gaps in support can place seniors at high risk for accidents or further injury.

Did you know?

1 in 5 seniors discharged from the hospital are readmitted within 30 days, **often due to lack of support at home.**

Reported by Medicare.gov



Benefits of Having Caregiver Support from Interim HealthCare of Annapolis

- Fall prevention & mobility support
- Medication reminders
- Transportation to follow-up visits
- 24-hour and overnight care
- Flexible short or long-term plans
- No penalty for ending service at anytime
- Respite care for family caregivers
- Certified Nursing Assistant Caregivers

Having the right caregiving support can reduce hospital readmission chances by **25%**

Speak to a team member today to schedule care: **(443) 808-1003**