## Understanding

# Home Care vs. Health Care

### At Interim HealthCare of Annapolis,

we bridge the gap between medical services covered by insurance and the daily support most seniors truly need to live safely and comfortably at home.



#### **Health Care**

Things covered by your insurance:

Doctors Nurses Physical therapy Specialist care Wound care



#### **Home Care**

Non-medical services provided by Interim:

Bathing Dressing Mobility Companionship Errands



## Ready to Start?

Our team members are here to help you find the home care plan that best meets your specific needs

Give us a call today:

(443) 808-1003

- ✓ Flexible short or long-term plans
- No penalty for ending service anytime
- Availability in Anne Arundel County & surrounding areas

## Did you know?

Most insurance does not cover non-medical home care, even though 80% of seniors' daily needs fall into this category.

## **Home Care Survey**

See if you're ready for home care now by selecting the boxes that best describe your needs.

the boxes that best describe your needs.		
LEAST URGENT		MOST URGENT
Mobility & Safety		
Can walk safely without support		□ Needs support to avoid falling
Personal Care		
Can bathe independently	☐ Needs reminder or assistance wi hygiene	
Meals & Nutrition		
Can cook meals independently	□ Needs help with grocery shopping/prep	☐ Needs meals fully prepared
Medication Management		
and take medications	Needs C occasional reminders to take medications	Needs daily reminders to take medications on time
Household Tasks		

■ Needs

some help

☐ Needs custom

support with

and organizing

laundry, cleaning,

☐ Can manage

laundry

cleaning and